

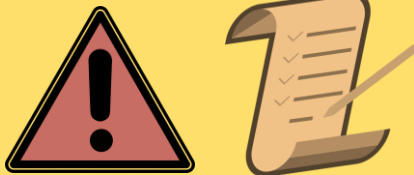
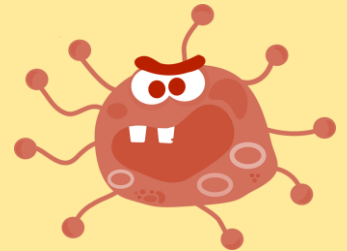


USE OF FACE MASKS

WHEN TO USE A MASK?



- ✓ For healthy people: wear a mask only if you are taking care of a person with suspected 2019-nCoV infection
- ✓ Wear a mask, if you are coughing or sneezing
- ✓ Masks are effective only when used in combination with frequent hand-cleaning with alcohol-based hand rub or soap and water
- ✓ If you wear a mask then you must know how to use it and dispose of it properly



BEFORE PUTTING ON A MASK...

Before putting on a mask, clean hands with alcohol-based hand rub or soap and water





USE OF FACE MASKS

HOW TO WEAR A MASK



- ✓ Cover mouth and nose with mask and make sure there are no gaps between your face and the mask
- ✓ Avoid touching the mask while using it; if you do, clean your hands with alcohol-based hand rub or soap and water
- ✓ Replace the mask with a new one as soon as it is damp and do not re-use single-use masks



TO REMOVE THE MASK...

To remove the mask: remove it from behind (do not touch the front of mask); discard immediately in a closed bin; clean hands with alcohol based hand rub or soap and water





USE OF FACE MASKS

MASKS AND N95 RESPIRATORS



Facemasks and N95 respirators are examples of personal protective equipment that are used to protect the wearer from liquid and airborne particles contaminating the face. They are one part of an infection-control strategy.



A facemask is a loose-fitting, disposable device that creates a physical barrier between the mouth and nose of the wearer and potential contaminants in the immediate environment. Facemasks are not to be shared and may be labeled as surgical, isolation, dental or medical procedure masks. They may come with or without a face shield.



Facemasks are not intended to be used more than once. If your mask is damaged or soiled, or if breathing through the mask becomes difficult, you should remove the facemask, discard it safely, and replace it with a new one.



An N95 respirator is a respiratory protective device designed to achieve a very close facial fit and very efficient filtration of airborne particles.



N95 respirators are not designed for children or people with facial hair. Because a proper fit cannot be achieved on children and people with facial hair, the N95 respirator may not provide full protection.

People with chronic respiratory, cardiac, or other medical conditions that make breathing difficult should check with their healthcare provider before using an N95 respirator because the N95 respirator can make it more difficult for the wearer to breathe. Some models have exhalation valves that can make breathing out easier and help reduce heat build-up. Note that N95 respirators with exhalation valves should not be used when sterile conditions must be maintained.